## From Change to Awakening "From Science to the Realization of the Self"

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### At the Source of the Extraordinary

"We do not see things as they are; we see them as we are." The Talmud

For thousands of years extraordinary manifestations have been recorded throughout the world by many trustworthy witnesses. The best documented cases include: bilocation (ubiquity), levitation, resurrection, materialization and transmutation, as well as numerous spontaneous healing cases that question materialistic thinking. These phenomena, often manifested among holy men, yogis or mystics, lead us to recognize that all possibilities are open to each one of us.

We increasingly have to admit that these natural phenomena are not only possible but ordinary. For example, many spontaneous healing cases have been reported by practitioners and participants to our "Intensive Healing Seminars"

It would seem that all these possibilities can be experienced by each of us in order to reveal our unlimited potential and experience them directly in the service of humankind.

# When we change our perception of reality, we realize that the perceived reality also changes at the very same time.

This change of consciousness occurs naturally with the change of perception.

Most of the time, we are aware of "something". When a perceived objet disappears, whether caused by an incidental and spontaneous experience, a meditation technique or a spiritual master, our consciousness naturally experiences it and becomes that pure, non manifested Consciousness, source of all manifestation, called Quantum Vacuum by scientists. This experience is often the first step towards the realization of the Self.

### From change to the realization of the impersonal Self

Sooner or later, the awakening of our being, a natural consequence of the inner experience of consciousness, leads us to admit that there can be no change at the source of manifestation. This is illusory since it is experienced by matter and by the soul, both seemingly driven by the source of the being, the Spirit, of an omniscient, impersonal, immaterial and timeless nature. The concept of change is only valid in a relative state of consciousness.

# Realization of the Self, or Awakening, implies the experience in our consciousness of our unchanged, unchanging and absolute nature.

As modern science confirms it, a matter particle or an energy wave are permanently "interchanging". Matter is subjected to change; the soul is subjected to experience. Death, an apparent radical change of the being, is only a change of the physical form. The spiritual essence of the being never changes and remains immortal. All spiritual traditions throughout the world confirm it, as well as some scientific research on consciousness.

"The Soul is never born; And never dies at any time. Nor has there ever been a time when it did not exist. Beginning and end are nothing but dreams. The Soul is birthless, imperishable, Eternal, timeless; And is never destroyed When its mortal residence is destroyed." **The Bhagavad Gita (II: 20)** 

Whoever experiences change – that is, switching from one state to another - sooner or later realizes the illusory nature of this relative concept by awakening to the immortal and in-temporal nature of the Self.

Any experience lived and described as change would then be a passage to Awakening or Realization of the Self.

### The Revelation or "The End of Time"

"Anybody who has been seriously engaged in scientific work of any kind realizes that over the entrance to the gates of the temple of science are written the words: Ye must have faith. It is a quality which the scientist cannot dispense with." Max Planck, Founder of Modern Physics.

Faith is well above any religious beliefs or convictions, it is the simple acceptation of all the possibilities offered by Nature. Awakening depends on realizing this. For centuries, the greatest scientists have admitted the existence of a supreme creative power nowadays sometimes defined as the universal, non-localized, a-causal and interconnected Field of Consciousness - thus avoiding calling it "God". The end of time would imply that our consciousness isn't anymore subjected to the rules of time and is aware of the timeless being.

Far from refuting it, current scientific research has replaced the concept of God at the heart of the debate.

Well beyond any religion, scientific theory or doctrine, the present times seem to reveal what is commonly called "The End of time" or "The Apocalypse", actually meaning exposure, revelation, or unveiling of the truth.

"It is not in the starry firmament that one can see the revelation of the infinite in the finite, but in the human soul." **Henry David Thoreau.** 

An important part of this realization of the truth is "Grace" - recognizing what is freely given (Charisma in Greek).

Thus, the end of time would imply recognizing and then experiencing the timelessness of the Being and all the possibilities offered: this is what is called awakening to the Being (Samadhi in Sanskrit.)

« Science cannot solve the ultimate mystery of nature; and that is because we ourselves are part of nature and therefore, part of the mystery we are trying to solve." **Max Planck** 

All human beings are born with the capacity to experience Pure Consciousness and reach the Source of their being. The relative change we perceive, and that has apparently been accelerating, is an evolution of our consciousness towards Awakening, the actual experience that all is One.

The awakened being, in this state of unitary and absolute consciousness, realizes at that very time the relative and illusory nature of the change of his being. He then recovers his infinite potential and knows that all creation is in God's image.

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