The Hidden Nature of Reality
YOUR POWER is in your hands
By Aloïs Audebrand © 2011

Recover Your Inner Power

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(Quantum Medicine, Medicine of the Future)

“All matter is created and exists by virtue of a force that makes atomic particles vibrate and holds together these tiny solar systems. We have to admit the existence of a conscious and intelligent mind behind that force. This mind is the matrix of all matter.” (Max Planck, Nobel Prize in Physics, Founder of Quantum Physics)

Modern physicians have discovered that the way we perceive matter actually affects this matter. If a scientific observer is looking for particles, particles will be found; but if he is looking for waves, waves will be found. The physician Fred Wolf describes this phenomenon: “The way matter appears to us depends on the choices made by our mind; thus, reality is a question of choice.” He continues: “...There is always a hidden aspect that complements our experience; the more we determine one aspect of reality, the less the other side will appear.”

The elements that constitute the physical world are dynamic and interconnected; they affect and are affected by one another. Matter is actually constituted by flashes of energy that appear and disappear millions of time per second. The whole universe is a kind of quantum mirage that constantly comes in and goes out of existence. We are created and recreated every moment in a permanent genesis. But who is behind that perpetual creation? Physicians call this the pre-quantum level, the quantum vacuum or field of potentialities where neither time, space nor anything exist. Most religions call this matrix of creation “God”. It is encouraging to see that science is deleting the frontiers that used to separate it from spirituality. The zone that exists between spiritual and scientific is now defined as a quantum zone; this is where most paranormal or miraculous phenomena can be found and most religions have always believed that this is where we could find the doors that lead to God.

TOWARD A SCIENCE OF CONSCIOUSNESS

“Each of us can manifest the properties of a field of consciousness that transcends space, time and linear causality.” Dr. Stanislav Grof

Dr. Emoto’s experiments have proved the influence of consciousness on the nature of water. The physician Helmund Schmidt has shown that it was possible to mentally influence not only matter in the present, but also results that had been collected in the past provided those results had not been previously observed. In physiological terms, when we are stressed, our body produces adrenaline and
When we are enthusiastic and happy, we produce interleukins and interferons, powerful anti-cancer agents. Our body actually constantly converts our consciousness experiences into molecules. The biologist E. Blackburn -Nobel Prize in Medicine 2009- has shown the influence of emotions on our DNA and proved that we are not the result of our genes and that every illness is potentially reversible.

Thus, we immediately bring energy and material manifestation exactly where we bring our consciousness - attention, words, thoughts and emotions. The laws of Physics offer us a reality which is much more powerful than we previously thought. Our own thoughts have the power to influence the physical world because the world is in fact made of consciousness. Would it actually exist without us? Exercising our power starts with this perspective. Our next step must be a “quantum leap”. We have to leap to a new paradigm of self-awareness. This leap introduces new solutions we were not previously able to see.

Will we actually take that leap? This will depend on our expectations and choices. We have a relatively poor comprehension of quantum leaps, where changes occur spontaneously rather than mechanically. For most of us this is impossible or too paradoxical to comprehend. Our beliefs will have to change in order to fit the new reality.

Science is about to put an end to dualistic, Cartesian and materialistic theories, all attached to the old paradigm. We can now perceive human beings with a global approach, as being one with the Universe as mentioned in Indian Vedic texts over 5000 years old. The only possible limitations in a world of infinite possibilities are they the ones we actually created ourselves? How can we make miracles? Firstly by believing that it is possible; the rest is simply a question of state of consciousness. By expanding our field of consciousness, we awaken the intelligence and creative energy within us, we become co-creators and co-responsible of our experience.

**Towards a New Humanity with Infinite Powers**

“In the future, Medicine will offer each of us the possibility to become our own healer.” Dr. Deepak Chopra

Life-force energy -Qi in Chinese- is what differentiates what is alive and what is not. This current that animates life has been known, appreciated and used for centuries by many civilizations throughout the world. Qi is the source of all manifestations of Life. Hindus call this Prana and use it to create higher states of consciousness. The WHO has chosen the word “biofield” to design this field of energy. High technology systems resulting from Russian space research allow precise measurement of the circulation and the level of this field.

The powerful holistic approach that considerably amplifies and increases the biofield, to the extent where the bone structure can be seen to realign itself without any physical manipulation and often in a few minutes! From the DNA present in the bones, all systems and cells respond effortlessly to the emitted energy. When the evidence of the existence of this Vital Strength is definitely brought, we will have specialized healers in each hospital. We will see the world with new eyes. We will cultivate our food according to their influence on our Vital Strength. We will educate our children taking into account their creativity, love and the way they expand their Vital Strength. We will see how much laughter, honest expression of
our emotions, love, attention, tenderness and touching can expand this Strength.
By virtue of their nature, these new truths will radically change the way we perceive one
another, our relationships, the way we live and relate to the world around us. Today, the work
is able to modify its priorities and become a healthier and safer place for all of us.
Sessions and advanced training with Aloïs Audebrand offer each participant a new and
powerful opening, an essential step on the path to the field of all possibilities.

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By ALOÏS AUDEBRAND

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